

## RWC Garden Crisp Stuffed Chicken Breast

**MAKES**: 4 servings **TIMING**: 1 hour

## **INGREDIENTS**:

- 4 chicken breasts
- 8 oz. Garden Crisp
- ½ cup flour
- 2 eggs
- 1 cup Panko breadcrumbs
- 1 tsp. cayenne
- 1 tsp. garlic powder
- 1 tsp. black pepper
- 1 tsp. onion powder
- Salt
- Grapeseed oil

## **DIRECTIONS**:

- 1. First, slice the side of the chicken breast almost all the way through leaving the other side connected, butterflying the chicken breast. Lay down a sheet of plastic wrap and place the chicken breast on it, folding over the other half of plastic wrap on top, then pound with a tenderizer or a heavy pan until the breast is about ½" thin. Next place about 2 oz. of Garden Crisp into the center of each flattened breast and close, pressing to spread cheese, making sure to not push any out.
- 2. Assemble the breading station by combining the flour and spices in a bowl, whisking eggs in a separate bowl and panko in the final bowl. Season



- chicken on both sides with salt and pepper and coat with flour, then egg, then panko and place on a small baking sheet. Place the breaded chicken breasts in the fridge for about 15 minutes.
- 3. In a large sauté pan, coat the bottom with about ½" of oil and heat on medium-high. When oil is hot, place in the breaded chicken breasts and cook for about 3 minutes on each side until golden brown. Remove from the pan. Serve with your favorite sides or a salad and enjoy!